

# Our Courses

## Emergency First Aid At Work Level 3 Qualification 1 Day Course

Responsibilities and reporting  
Assessment of the situation  
Dealing with an unresponsive casualty  
Basic hygiene in First Aid  
Resuscitation and AED Awareness  
Anatomy  
Minor injuries  
Bleeding control  
Burns  
Choking  
Epilepsy  
Shock

£60 per person – Scheduled Course

£300 – Onsite Group Price

## Paediatric First Aid Level 3 Qualification 2 Day Course

Role of the Paediatric First Aider  
Primary Survey  
Resuscitation (CPR including the safe use of an AED)  
Wounds, bleeding and shock  
Allergic reactions including anaphylaxis  
Head, neck and back injuries  
Seizure  
Choking  
Minor injuries  
Recovery position  
Fractures  
Foreign bodies  
Diabetic emergencies  
Asthma  
Meningitis  
Febrile convulsions  
Extreme cold and heat  
Electrical incidents

£75 per person – Scheduled Course

£685 – Onsite Group Price

\*This two-day qualification fulfils the requirements for first aid training detailed in the Department for Education's statutory framework for the Early Years Foundation Stage.

A full list of our courses can be found on our website. To find out more please visit [www.jpffirstaid.co.uk](http://www.jpffirstaid.co.uk) or contact [training@jpffirstaid.co.uk](mailto:training@jpffirstaid.co.uk)

## First Aid At Work Level 3 Qualification 3 Day Course Level 3 Re-Qualification 2 Day Course

Legalities, responsibilities, and reporting  
Assessment of the situation  
Dealing with an unresponsive casualty  
Fractures and spinal injuries  
Control of bleeding  
Poisoning  
Burns  
Epilepsy  
Resuscitation and AED Awareness  
Bandaging  
Heart attack  
Head injuries  
Chest injuries  
Asthma  
Stroke  
Shock (including Anaphylaxis)  
Choking  
Eye injuries  
Sprains and strains  
Diabetes

2 Day - £95 per person – Scheduled Course  
£780 – Onsite Group Price

3 Day - £155 per person – Scheduled Course  
£900 – Onsite Group Price

## First Aid for Mental Health Level 2 Qualification 1 Day Course

What is First Aid for Mental Health?  
Identifying Mental Health Conditions  
Providing Advice and Starting a Conversation  
Stress  
Mental Health Conditions  
Drugs and Alcohol  
First Aid for Mental Health Action Plan  
First Aid for Mental Health in the Workplace

Face to Face or Distance Learning  
Delivery Available – First Aid Awards Qualification

£69 per person – Distance Learning Course

Please contact for a group on-site quote

Minimum age for this course - 14

# School Courses

## Pupil First Aid Sessions Early Years | KS1 | KS2



SUPPORTING THE CURRICULUM AS WELL AS PROVIDING PUPILS WITH PERSONAL LIFE SKILLS!

Please find below the range of sessions available:

£65 Per 1-Hour Session	Recovery Position   CPR   Choking   Wounds & Bleeding incl. Head Injury   Early Years <small>*Please choose which 1-hour session(s) you would like.</small>	1 hour session
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2 hour session	Content Includes- Calling the Emergency Services   Primary Survey   Recovery Position   Wounds & Bleeding including Head Injuries	£80
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£115	Content Includes - Calling the Emergency Services   Primary Survey   Recovery Position   CPR   First Aid Kits   Choking   Asthma   Head Injuries   Wounds & Bleeding <small>*Session Only</small>	5 hour session
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5 hour session	Content Includes - Calling the Emergency Services   Primary Survey   Recovery Position   CPR   First Aid Kits   Choking   Asthma   Head Injuries   Wounds & Bleeding <small>*Session with First Aid Workbooks Provided</small>	£170
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## Student First Aid Sessions KS3 | KS4 Sixth Form & College Students



SUPPORTING THE CURRICULUM AS WELL AS PROVIDING STUDENTS WITH PERSONAL LIFE SKILLS!

Please find below the range of sessions available:

£65 Per 1-Hour Session	Recovery Position   CPR   Choking   Wounds & Bleeding incl. Head Injury   Burns and Scalds <small>*Please choose which 1-hour session(s) you would like.</small>	1 hour session
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3 hour session	Content Includes- Calling the Emergency Services   Primary Survey   Recovery Position   CPR & AED   Wounds & Bleeding   Burns & Scalds   Shock	£95
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£145	Content Includes - Calling the Emergency Services   Primary Survey   Recovery Position   CPR & AED   First Aid Kits   Choking   Asthma   Common Injuries	5 hour session
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2 hour session	Sixth Form First Aid Session - Adult Only: Content includes - What is First Aid   Primary Survey   Recovery Position   CPR & AED   Choking   Wounds & Bleeding   Heart Attack & Angina	£125
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£150	Content Includes - What is First Aid   Primary Survey   Recovery Position   CPR & AED   Choking   Burns & Scalds   Wounds & Bleeding   Heart Attack & Angina	3.5 hour session
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To book your course please contact JPF First Aid.

# About JPF First Aid

JPF First Aid is available to help companies, schools, students, as well as the general public including groups such as church and sports groups, to obtain the required knowledge, skills and also support in gaining confidence to be able to act when situations arise.

Courses provided by JPF First Aid are informative, fun and are of a high-quality professional standard to meet the required guidelines across the different topics covered. The range of first aid courses available are important not only for the workplace setting or to support students towards their curriculum studies, but they are also a valuable personal life skill to hold and would encourage as many people as possible to learn first aid.

John, comes from a training background dating back to 2005, where he has obtained many achievements including a teaching qualification and he is also qualified to an assessor standard. John has also previously worked for two first aid charities delivering sessions for workplace and school/educational environments, which has included training to students towards their curriculum studies as well as public course delivery too.

*An interesting and informative course. John managed to make it fun and engaging whilst ensuring we learnt everything needed to meet the training requirements. We will definitely use JPF for all our future Paediatric First aid CPD!*

- Dan P

*John at JPF First Aid has recently become a great business partner for our organisation. John's First Aid training has been highly praised by our team for being engaging, interactive, and bringing the topic to life. John has really assisted our business by offering flexibility during a trying time where on site learning could have become a challenge. I look forward to continuing our business relationship moving forward.*

- Matt W

*A super full day training course delivered to a group of 16 year olds. Well planned, up beat, engaging but also informative. Just exactly what my GCSE students needed. John established positive relationships with students. Would highly recommend him.*

- Carol C

*Really thorough programme/course. Very clear and brilliant instructions. Lovely trainer - very easy to talk to and no question feels silly. Thoroughly enjoyed and I feel competent at helping those in need.*

- Georgina W



**JPF**  
**First Aid™**

## High Quality Training at Cost Effective Prices



**W:** [www.jpffirstaid.co.uk](http://www.jpffirstaid.co.uk)  
**E:** [training@jpffirstaid.co.uk](mailto:training@jpffirstaid.co.uk)

☎ 01543 398370

☎ 07942 580806



Testimonials taken from thebestofCannock

